

Make environmental health a shared political priority

Environmental health means for the local authority to create an environment that is positive for health. Urban planning, housing, transport policies, the presence of parks and green spaces.....

The City's 2 aims include :

1. **Build a city that helps to keep its citizens healthy.** Health considerations will be given the same priority as those of safety, transport, housing needs etc. Particular support will be given to the creation of new schools to improve the learning environment. To urban planning which promotes active transport (walking, cycling), and to creating green, peaceful spaces. To housing programs which ensure good indoor air quality as well as high energy efficacy.
2. **Recognize the expertise of citizens on these matters and support the participation of local people at the same level as other experts.** The pilot Commission for Environmental health is a space that where citizens can be heard. Local people will also be involved in making operational its decisions.

For a healthy population and city

*Health strategy
for the City of Villeurbanne*



villeurbanne

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Initiated by Dr Lazare Goujon, mayor during the 1930s, the municipality's health policies are central to the question of urban planning and in aiming to reduce social inequalities. It respects in the World Health Organization's (WHO) approach which broadens the traditional vision of health where medical care is central, to one which focuses on the social and environmental health determinants. And this wider approach uses the principles of proportional universalism to reduce health inequalities.

In order to support innovation in professional practices and in the actions developed with local people, the City Council is in partnership with the research departments of Lyon University.

These orientations are led by the Direction of Public Health and other municipal services, in conjunction with the citizens, statutory and non-statutory organizations.

Respecting the orientations of the state, the regional health agency and the metropolitan area, Villeurbanne has chosen 3 objectives:

- **Make accessible primary health care services**
- **Develop psychosocial competences and promoting health**
- **Make environmental health a shared priority**

Make primary health care services accessible to all

Primary health care refers local health care which provide prevention, screening, diagnostic, treatment and following patients. The priority for the City of Villeurbanne is to support the arrival of general doctors and paramedical personnel throughout the city, in the respect of the legal right of medical practitioners to open their practice where they wish. In particular, support will be given to help to find a suitable building, and priority will be given to helping those who are looking to set up a surgery in areas which are lacking in medical professionals.

Develop psychosocial competences and promote health

Health promotion involves allowing inhabitants to identify and develop their own resources enabling them to become in charge of their own health.

The City has fixed 3 aims :

1. **Reinforce the health competences of children, young people, and parents within the framework of the education policy “Growing up in Villeurbanne”**

For example : Listening projects for young people, parents coffee mornings, health checks in pre and primary schools, teaching First Aid to kids, health pass'sport for overweight children.

2. **Support physical activity which is positive for health**

The City in partnership with other agencies will work to develop:

Physical activity in public spaces, open to all

Adapted physical activity for older citizens

Adapted physical activity for people with chronic diseases

Activities during and around schools with the Education service and the school health service.

3. **Reinforce inhabitants self-confidence and access to resources in the priority quartiers**

Social indicators show that people living in deprived areas have more chronic diseases and make less use of screening services. National campaigns must be targeted to the areas that have the most need. Service must be further developed to ensure everyone can access appropriate health care and receive their social benefits.